

Early Years Learning Framework for Australia

Reference: Australian Government Department of Education [AGDE]. (2022). Belonging, being and becoming: The Early Years Learning Framework for Australia (V2.0).

Summary Statement

Across all Baker Kids programs, children are immersed in rich, hands on learning experiences that naturally integrate all five EYLF Outcomes.

Through cooking, tasting, creating, and exploring, children develop confidence, wellbeing, communication skills, and a deep connection to the world around them, while building essential life skills that extend beyond the classroom.

The provision of accompanying worksheets and activities which are linked to the lesson theme, the EYLF delivery is optimised producing more powerful outcomes for your service.

OUTCOME 1: CHILDREN HAVE A STRONG SENSE OF IDENTITY

- Children feel safe, secure, and supported
- Children develop their emerging autonomy, inter dependence, resilience and sense of agency
- Children develop knowledgeable and confident self identities
- Children learn to interact in relation to others with care, empathy and respect

Outcome 1: Children Have a Strong Sense of Identity TERM ONE

Across all Baker Kids incursions, children are supported to develop confidence, independence, and a strong sense of self through choice, ownership, and personal expression as well as strong teamwork.

Eat the Rainbow

Children express their identity by identifying familiar fruits and exploring new ones. They make independent decisions when selecting, cutting, and placing ingredients, building confidence in their abilities while sharing personal experiences with food.

Bread Basics

Children take ownership of their creations by assembling their own sandwiches and preparing fairy bread. They confidently explore preferences in taste, texture, and flavour, strengthening their sense of autonomy and pride in their work.

Pizza Palace

Children independently design their own pizzas, choosing toppings and portioning ingredients. They also design and decorate their own pizza box. This fosters decision making, self expression, and a sense of achievement as they see their ideas come to life.

Exploring Energy

Children develop confidence through hands on experimentation and participation in discussions about energy and how their bodies use it. They begin to recognise themselves as capable learners who can understand complex ideas as a part of a team.

Smoothies

Children build identity through personal choice, selecting ingredients and creating their own smoothie combinations. Taste testing encourages them to express opinions, reflect on preferences, and recognise that their tastes can grow and change over time.

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OUTCOME 2: CHILDREN ARE CONNECTED WITH AND CONTRIBUTE TO THEIR WORLD

- Children develop a sense of belonging to groups and communities and an understanding of the reciprocal rights and responsibilities necessary for active community participation
- Children respond to diversity with respect
- Children become aware of fairness
- Children become socially responsible and show respect for the environment

Outcome 2: Children Are Connected With and Contribute to Their World

Each program fosters a sense of belonging, shared experience, and connection to the wider world through food, culture, and collaborative learning.

Eat the Rainbow

Children explore where fruits come from and how they grow, building an understanding of nature and food origins. Group activities promote cooperation and shared discovery.

Bread Basics

Children learn about different types of bread from around the world, encouraging cultural awareness and appreciation of diversity. Sharing food experiences strengthens social connections.

Pizza Palace

Children engage in collaborative learning as they share ingredients and ideas. They connect food to real world contexts such as cooking at home and community dining experiences.

Exploring Energy

Children develop an understanding of how food fuels their bodies and supports daily life. They begin to see their role in making healthy choices that impact their wellbeing and participation in the world.

Smoothies

Children explore how food supports gut health and overall wellbeing, fostering awareness of caring for their bodies. Group games like Smoothie Bingo encourage teamwork, turn taking, and shared learning.

OUTCOME 3: CHILDREN HAVE A STRONG SENSE OF WELLBEING

- Children become strong in their social and emotional wellbeing
- Children take increasing responsibility for their own health and physical wellbeing

Outcome 3: Children Have a Strong Sense of Wellbeing

All programs promote physical health, emotional wellbeing, and an understanding of how to care for the body through nutrition and hands-on experiences.

Eat the Rainbow

Children learn the importance of eating a variety of fruits and vegetables, understanding how different colours provide different nutrients for their bodies.

Bread Basics

Children explore different types of foods and ingredients, learning about balance, moderation, and enjoyment. Hands on preparation supports fine motor development and coordination.

Pizza Palace

Children develop an understanding of balanced meals through ingredient selection and portioning. The physical act of preparing food supports motor skills and confidence.

Exploring Energy

Children gain knowledge about how food provides energy for their bodies, linking nutrition to movement, play, and daily activities. This builds foundational understanding of healthy lifestyles.

Smoothies

Children learn about the digestive system, probiotics, and prebiotics, developing awareness of internal body processes. Taste testing encourages openness to new foods and supports positive attitudes toward healthy eating.

OUTCOME 4: CHILDREN ARE CONFIDENT AND INVOLVED LEARNERS

- Children develop dispositions for learning such as curiosity, cooperation, confidence, creativity, commitment, enthusiasm, persistence, imagination and reflexivity
- Children develop a range of skills and processes such as problem solving, enquiry, experimentation, hypothesising, researching and investigating
- Children transfer and adapt what they have learned from one context to another
- Children resource their own learning through connecting with people, place, technologies and natural and processed materials

Outcome 4: Children Are Confident and Involved Learners

Each incursion is designed to promote curiosity, problem-solving, experimentation, and active engagement in learning.

Eat the Rainbow

Children classify and sort foods by colour, developing early science and categorisation skills. They engage in hands on exploration and sensory learning.

Bread Basics

Children follow processes to assemble and create food, building sequencing skills and understanding cause and effect (e.g., combining ingredients to create a final product).

Pizza Palace

Children apply mathematical concepts such as fractions when dividing pizzas and measuring ingredients. They engage in problem solving and creative thinking.

Exploring Energy

Children explore scientific concepts related to energy, asking questions and forming connections between food and how their bodies function.

Smoothies

Children experiment with flavour combinations, predict outcomes, and reflect on taste-testing results. Activities like Smoothie Bingo reinforce recognition, memory, and engagement through play based learning.

OUTCOME 5: CHILDREN ARE EFFECTIVE COMMUNICATORS

- Children interact verbally and non-verbally with others for a range of purposes
- Children engage with a range of texts and gain meaning from these texts
- Children express ideas and make meaning using a range of media
- Children begin to understand how symbols and pattern systems work
- Children use information and communication technologies to access information, investigate ideas and represent their thinking

Outcome 5: Children Are Effective Communicators

Language development, expression, and communication are embedded across all experiences through discussion, play, and reflection.

Eat the Rainbow

Children build vocabulary related to colours, fruits, and how food grows. They describe what they see, taste, and create.

Bread Basics

Children engage in conversations about different breads, flavours, and cultural foods. They follow instructions and communicate their ideas during food preparation.

Pizza Palace

Children use language to describe their pizza choices, explain their thinking, and engage in group discussions. They also develop understanding of mathematical language through fractions.

Exploring Energy

Children learn and use new vocabulary related to energy and nutrition. They ask questions, share ideas, and build understanding through discussion.

Smoothies

Children expand vocabulary with terms such as digestive system, probiotics, and nutrients. They express preferences, describe flavours, and record their experiences through taste testing sheets.